This past fall, we partnered with Reader’s Digest health editors around the world to seek out the year’s top medical innovations. The result: an amazing survey of Canadian and international breakthroughs that may soon affect our lives—and in some cases, already have.

Burn victims, for instance, could soon have skin cells sprayed on their wounds, using the same technological principles behind everyday desktop printers. Results from lab tests already confirm faster healing times and fewer infections from this treatment. And a New Brunswick biochemist who is studying the poisonous spit of the northern short-tailed shrew may have discovered a means to kill ovarian-cancer cells. What won’t they think of next?

Finally, what do you think Tiger Woods, Pierre Elliott Trudeau, Karla Homolka and I have in common? Not much, other than that we all have our signatures analyzed in this issue by Toronto graphologist Annette Poizner.

In France, it’s common to submit a sample of your handwriting along with your résumé when applying for a job. In Canada, handwriting analysis is just in its infancy—used to authenticate wills or ransom notes, for example. But does it work? Turn to page 82 to make up your mind. I can’t speak for myself, but colleagues say Poizner draws a pretty accurate picture of me. As for family members, well, they’re still laughing...

All told, you’re holding a perfect example of what you find in every issue of Reader’s Digest: health and medical information you can act on, inspirational stories that ring true, and entertainment and laughter. Enjoy!